



Danbury Parish Council

Parish Office Old School House, Main Road, Danbury, Essex, CM3 4NQ

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6 May 2025

Dear Councillors

In accordance with the Local Government Act (LGA) 1972, Sch 12, paras 10 (2)(b) you are summonsed to attend the **Health and Wellbeing Committee** meeting of the Danbury Parish Council. The meeting will be held at the **Parish Office, Main Road, Danbury** on **Monday 12 May 2025** commencing at **8.30 pm**.

Yours sincerely

Michelle Harper

Ms M Harper
Clerk to Danbury Parish Council

Distribution: Members of Health and Wellbeing Committee as follows:

Councillors:

AGENDA

25/26.01 Election of Chair

25/26.02 Election of Vice Chair

25/26.03 Apologies for absence

25/26.04 Declarations of Interest

Members are required to declare any personal or prejudicial interests they know they may have in items of business on the meeting's agenda. They are reminded that they will need to repeat their declaration at the appropriate point in the meeting and leave the room if the interest is a prejudicial one. Unforeseen interests must be declared similarly at the appropriate time.

25/26.05 Public Question Time

Members of the public are invited to address the Council, give their views and question the Council on issues on this agenda, or raise issues for future consideration (at the discretion of the Chairman). Members of the public may not take part in the Council meeting itself. At the close of this item members of the public will no longer be permitted to address the Council unless invited to do so by the Chairman. The session will last for a maximum of 15 minutes with any individual contribution lasting a maximum of 5 minutes. Members of the public should address their representation through the Chairman of the meeting.

25/26.06 To approve Minutes of the Health & Wellbeing Committee meetings held 10 February 2025

To approve minutes of the Health & Wellbeing Committee meetings held 10 February 2025

25/26.07 Actions from the Minutes

To note actions (Appendix 1)

25/26.08 Review Action Plan

To consider the Committee Action Plan for 2025/26 (Appendix 2)

25/26.09 Health and Wellbeing Event

To consider the Health & Wellbeing Event to be held on Saturday 27 September 2025

25/26.10 United In Kind – Wellbeing Packs

To receive an update on the Wellbeing Packs

25/26.11 Danbury Medical Centre

To receive an update on the meeting held with Dr Dollery

25/26.12 Wellbeing Projects

To consider the following wellbeing projects::

- Supporting the monthly board games afternoon at the Leisure Centre –starting on Wednesday 4 June from 2pm to 4pm
- Sponsoring a course of mindfulness/meditation sessions
- Organising a monthly film afternoon at the Leisure Centre
- Starting a nature/wellbeing walk

25/26.13 Community Engagement

Committee to highlight any issues they believe residents should be made aware of

25/26.14 Matters for Report (for information only)

To note information

25/26.15 Dates of next meeting

Monday 8 September 2025 to be held at the Parish Office at 8.30pm