



## DANBURY PARISH COUNCIL

### HEALTH AND WELLBEING COMMITTEE

#### Minutes of the meeting held on Wednesday 11 December 2019 at 7.30pm in the Committee Room at the Old School House, Main Road, Danbury

Present: Cllrs S Berlyn, L Anstee and M Hessing

In Attendance: Ms M Harper - Clerk  
2 members of the public

#### **19/20.43 Apologies for Absence**

Cllr P Sutton

#### **19/20.44 Declarations of Interest**

All Members were reminded that they must disclose any pecuniary or non-pecuniary interests they know they may have in the items of business on the meeting's agenda and that they must do so at this point, or as soon as they become aware of the interest. They were reminded that they will need to repeat their declaration at the appropriate point in the meeting and leave the room if the interest is a pecuniary one. They were also obliged to notify the Monitoring Officer about it. Unforeseen interest must be declared similarly at the appropriate time. Members have dispensation to discuss and vote in respect of matters relating to the DCA and Precept.

There were no interests declared.

#### **19/20.45 Public Question Time**

There were some discussions regarding the use of social media and the positive and negative benefits as well as the provision of training on how to use Facebook for older members of the community.

Comments were invited from members of the public through the relevant agenda items.

#### **19/20.46 Approval of Minutes from meeting held on 6 November 2019**

RESOLVED that the minutes of Health and Wellbeing Committee meeting held 6 November 2019 were accepted as a true record.

#### **19/20.47 Actions from the Minutes**

Actions from the minutes were noted

#### **19/20.48 Community Hub**

After some discussion it was agreed that the library facility would be used on an ad hoc basis whilst further consideration is given to alternatives. The Clerk to contact the library service to confirm if users need to book direct or via the Parish Council.

#### **19/20.49 J9 (Domestic Abuse) Training**

The Committee agreed it would like to host a training day on Monday 27 January at the Old Pavilion. Clerk to contact training provider.

RESOLVED: to host a J9 training day on Monday 27 January, proposed by Cllr Anstee and seconded by Cllr Hessing, all agreed.

**19/20.50 Reaching Out**

The initiatives and checklist of ideas from Reaching Out (Guide to helping principal and local councils tackle loneliness) were discussed and it was agreed that the Committee would seek to establish links with the local community groups in existence to assess any gaps and gain a better understanding of the activities on offer within the village. The Committee will discuss inviting groups to a meeting.

**19/20.51 Action for Happiness**

It was agreed to obtain some of the resources available on the Action for Happiness website at a cost of £5.00 to be taken from the Chairman's Allowance for display on the boards used at the Farmers Market. It was also agreed that some of the tips and inspirations from the website would be shared on the council's Facebook page

**19/20.52 Promotion for United in Kind**

United in Kind is being promoted on the council's website and Facebook page. There was some discussion regarding encouraging neighbours to help each other and on how the Committee could facilitate kindness.

**19/20.53 Carers Group**

Clerk to contact Dr Dollery regarding discussions with Carers First and Action for Carers and to find out if there are any carer groups in the village. It was agreed that the Committee would need to undertake some consultation to confirm best days and time for a group.

**19/20.54 Publicly Accessible Toilets**

After some discussion it was agreed that the Just Can't Wait Scheme would be advertised on both the council's website and Facebook page and that the British Toilet Association's national campaign 'Use Our Loos' to encourage local businesses to make their loos accessible to the community would be promoted to local businesses.

**19/20.55 Co-Option**

This agenda item was withdrawn

**19/20.56 Matters for Report and Information only**

There were no matters for report

**19/20.57 Date and Time of next meeting**

Tuesday 14 January 2020 at 7.30pm in the Danbury Parish Council Committee, Old School House, Main Road, Danbury, Essex, CM3 4NQ.

Meeting closed at 9.10pm

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Signed: Chairman

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Date: