

Minutes of the Health and Wellbeing Meeting held on 8 December 2020 at 7.30pm via Zoom

Present: Cllrs Anstee (Chair), Berlyn, A Chapman, Hallett and Hessing

In attendance: Ms M Harper (Clerk)
Mark Neville – Alzheimer's Society

20/21.62 Apologies for absence

Mrs Hiscock and Dr Dollery

20/21.63 Declarations of Interest

No declarations of interest

20/21.64 Public Question Time

Mark Neville outlined his work at Alzheimer's Society spoke to the Committee on the process and actions required to become a Dementia Friendly Communities. Dementia Friendly Community are areas that support and understand the challenges of those affected by dementia. The quality mark has to be reapplied for each year.

Process involves getting a group together, raising awareness and promote the activities. Concerns were raised regarding the work involved to achieve the standard and the action plan was explained and that the starting point would be identifying the key stakeholders and key areas such as shops, art & craft etc. Some of the actions that Danbury could undertake would be to support Dementia Friend training, evidence discussion and decision making relating to dementia by having standard items on council agendas, look at how COVID-19 has affected lives, joining Chelmsford Dementia Action Alliance, reviewing the impact of buildings, open spaces and social media, promoting understanding and positive messaging. Mark Neville outlined the resources available to help and support the journey towards becoming a Dementia Friendly Community. In order to gain the award, the Parish Council would need to populate an Action Plan and submit to Chelmsford Dementia Action Alliance.

Mark Neville also outlined the support available to the Carers Group – members of staff would support the group meeting and assist in facilitation as well as promoting the group locally. It was noted that the carers group was not just aimed at dementia and Mark Neville confirmed that the Alzheimer Society would promote a dementia friendly group rather than a group aimed solely at those affected by dementia as it was important for connections to be made and further specific support could be offered

Item 20/21.69 was brought forward

20/21.69 Dementia Friendly Community

Concerns were raised that there was a lot of work and would need a leader, although a lot of the work would be carried out in the community. The benefits to the community were discussed in terms of supporting local residents and the overlap of positive effects between groups.

The Committee reviewed the draft Action Plan and discussed the time limits for completion in the first instance and the ongoing commitment required to maintain the award standard for each subsequent year. The time commitment was discussed in relation to other activities that are ongoing.

Discussion was held regarding delaying the initiative until the Spring due to the current commitments of the Parish Council.

20/21.65 To approve Minutes of the Health & Wellbeing Committee meeting held 20 October 2020

RESOLVED: that the minutes of the Health & Wellbeing Committee meeting held on 20 October 2020 be approved and signed as a true record

20/21.66 Actions from the Minutes

The actions were noted

20/21.67 Danbury Coronavirus Volunteers Group

Cllr Hessing provided an update on recent activities: the group is becoming busier and is working with the Medical Centre to assist with the logistics of rolling out the vaccination programme, the group are also promoting other initiatives such as the walking, Christmas hampers and Christmas dinners

20/21.68 Carers Group

The group meetings are going well and it was agreed that the Carers Group would be moved to a Tuesday afternoon every three weeks. Assistance from the Alzheimer’s Society to facilitate meetings would be reviewed in January once membership had increased. The Carers Group has been advertised through various means including leaflet drop and social media. The Danbury Coronavirus Volunteers Group will also distribute leaflets. The issues relating to virtual meetings were discussed.

It was agreed that the Christmas Group meeting would be held on Tuesday 15 December at 2pm and be themed with music and a Christmas jumper

20/21.70 Pebbles of Positivity

It was agreed that the project would start in the New Year with residents being asked to paint pebbles in a woodland theme. Once completed the pebbles would be collected and placed at the new Community Woodland. The project would be co-ordinated by a volunteer.

20/21.71 Happy to Chat Benches and Table

It was agreed that a brass plaque would be purchased for the bench saying:

Happy to Chat Bench
Sponsored by Danbury Parish Council
Rest Awhile
2021

20/21.72 Community Activities

It was agreed that an Easter related activity would be planned with Community Engagement

20/21.73 Matters for Report (for information only)

Cllr Hessing advised that she is now Planning Committee Chairman

Cllr Berlyn noted that this committee activities spans all the other committees and therefore may be a time delay in action.

20/21.74 Dates of next meeting

Tuesday 12 January 2021 to be held remotely by Zoom at 7.30pm

There being no further business the Chairman closed the meeting at 21.01.

Chairman

Date