

Minutes of the Health and Wellbeing Meeting held on 20 October 2020 at 7.30pm via Zoom

Present: Cllrs Anstee (Chair), Hallett and Hessing

In attendance: Ms M Harper (Clerk)
Dr Dollery
Mrs Hiscock

20/21.47 Apologies for absence

Cllrs Berlyn and A Chapman.

20/21.48 Declarations of Interest

No declarations of interest

20/21.49 Public Question Time

There were no members of the public present

20/21.50 To approve Minutes of the Health & Wellbeing Committee meeting held 8 September 2020

RESOLVED: that the minutes of the Health & Wellbeing Committee meeting held on 8 September 2020 be approved and signed as a true record

20/21.51 Actions from the Minutes

The actions were noted

20/21.52 Danbury Coronavirus Volunteers Group

Cllr Hessing and Mrs Hiscock gave an update on the Danbury Coronavirus Volunteers Group (DCVG); a leaflet drop advising residents that the DCVG was continuing over the winter months had been completed, the Sewing Bees have started making masks again, the group are running a children's coat and wellington boot rack for anyone in the village who may need them, the Youth Volunteer Project at St Josephs has successfully been completed and the Befriending Scheme is ongoing. The Chair thanked the group for proving continued support to residents.

20/21.53 Carers Group

Cllr Hallett and Dr Dollery would be available to attend the next Virtual Carers Group meeting on 30 October. It was agreed that the attendees will be asked to if the meetings could be alternated between Tuesday and Friday afternoons. Themes for the sessions were discussed; Cllr Anstee and Dr Dollery to investigate Singing for the Brain. The Clerk advised that the Virtual Carers Group was now being advertised in local magazines.

20/21.54 Update from Essex Cares Limited

ECL are still to send the list of services offered and the associated costs, however due to the current restrictions they are unable undertake new projects until post Covid-19.

20/21.55 Active Essex

Clerk advised that she had chased the contact for an update on opportunities to work together to improve the provision of activities within Danbury

20/21.56 Digital Training Sessions

Dr Dollery and Mrs Hiscock will discuss how the DCVG can support the training of residents in using the virtual platforms

20/21.57 Happy to Chat Bench and Table

20/21.57.1

It was agreed to joint fund a Happy to Chat bench with Little Baddow Parish Council, the preferred location would be outside of the United Reform Church on Little Baddow Road subject to the National Trust permission and clarity on the maintenance of the area.

RESOLVED: that the Health & Wellbeing Committee would jointly purchase a Happy to Chat bench with Little Baddow Parish Council along the Little Baddow Road, subject to the suitability of location, proposed by Cllr Anstee and seconded by Cllr Hallett, all agreed.

20/21.57.2

It was agreed that the Clerk would investigate the cost of plaques and that the Committee would consider installing thought provoking 'Thanks'.

20/21.57.3

After lengthy discussion it was agreed that Cllr Anstee would discuss the idea of a 'sponsored' Happy to Chat table and volunteers to chat further with the Danbury Mission for consideration at the next meeting.

20/21.58 Defibrillator

Clerk advised that we are waiting on the Co-op Head Office to confirm in writing that the defibrillator can be located outside the building and that their maintenance team will install the heated cabinet.

20/21.59 TRIBE App

Following lengthy discussion, it was agreed that the TRIBE App was not suitable for use in Danbury at this time, due to our own volunteering group and the safeguarding issues raised by Members,

20/21.60 Matters for Report (for information only)

The draft budget for 2021/22 was discussed and the Clerk will submit the request to the Resources Committee for consideration

Mrs Hiscock suggested engaging with the community during the Covid 19 restrictions to encourage activity and support mental health wellbeing; ideas included compilation of a Community Book and extending the painted stones that were popular during the summer.

Cllr Anstee suggested that the Committee consider a Baby Bank and Toy Exchange scheme.

Dr Dollery suggested that post Covid 19 the Committee could consider supporting a series of Well Being Drop In Sessions.

There was some discussion regarding Singing For Brain sessions and a Christmas community event with a live link to a choir

20/21.61 Dates of next meeting

Tuesday 8 December 2020 to be held remotely by Zoom at 7.30pm

There being no further business the Chairman closed the meeting at 9.01pm.

Chairman

Date