



DANBURY PARISH COUNCIL

HEALTH AND WELLBEING COMMITTEE

Minutes of the meeting held on Tuesday 18 February 2020 at 7.30pm in the Committee Room at the Old School House, Main Road, Danbury

Present: Cllrs L Anstee, S Berlyn, and P Sutton

In Attendance: Ms M Harper - Clerk

19/20.70 Apologies for Absence

Cllrs Hallett and Hessing

19/20.71 Declarations of Interest

All Members were reminded that they must disclose any pecuniary or non-pecuniary interests they know they may have in the items of business on the meeting's agenda and that they must do so at this point, or as soon as they become aware of the interest. They were reminded that they will need to repeat their declaration at the appropriate point in the meeting and leave the room if the interest is a pecuniary one. They were also obliged to notify the Monitoring Officer about it. Unforeseen interest must be declared similarly at the appropriate time. Members have dispensation to discuss and vote in respect of matters relating to the DCA and Precept.

There were no interests declared.

19/20.72 Presentation from Essex Cares Ltd

The representative from Essex Cares Ltd was unable to attend the meeting – this item has been deferred to the next meeting.

19/20.73 Presentation from Action for Carers

Sue Wright, the GP Liaison from Action for Carers explained her role in identifying carers in community, developing understanding of carers needs and supporting a carer friendly community. There were discussions around the Medical Practice and Health & Wellbeing Committee activities. Difficulties relating to carers of dementia sufferers and young carers was discussed along with the development of the Community Hub

Establishing a carers group would need, especially in the beginning, a facilitator and potentially themed activities to encourage participation. Difficulties regarding timing of group meetings was discussed due to differing constraints.

It was agreed that the target audience for the carers group was Danbury residents regardless of where they are providing caring.

Carer group will fulfil some people needs but important to be able to provide signposting and information. Young carers will need separate groups as their needs will be different and may be vulnerable and have different management needs, particularly in terms of safeguarding. There is a separate group within Action for Carers who deal with the needs of young carers.

19/20.80 Co-Option

This item was brought forward with the agreement of the Committee.

After discussion it was agreed to co-opt Mrs L Hiscock and Mrs G Lutton onto the Health and Wellbeing Committee.

RESOLVED: that Mrs L Hiscock and Mrs G Lutton be co-opted onto the Health and Wellbeing Committee, proposed by Cllr Anstee and seconded by Cllr Sutton, all agreed

19/20.74 Public Question Time

2 members of the public were present.

Comments were invited from members of the public through the relevant agenda items.

19/20.75 Approval of Minutes from meeting held on 14 January 2020

RESOLVED that the minutes of Health and Wellbeing Committee meeting held 14 January 2020 were accepted as a true record.

19/20.76 Actions from the Minutes

Actions from the minutes were noted

19/20.77 Carers Group

The key areas were identified:

Facilities – Clerk to draw up specification for refurbishment

Identification of carers - It is important to find out the greatest need in the village; advertise a general 'drop in' for carers and then find out what the needs of the carers are. Possibly use a series of coffee mornings to determine needs with a representative from a commissioned organisation

Facilitation of group – Need an experienced facilitator to initially run the group and someone to administer the group (ie potentially DBS checks for volunteers) and make refreshments.

It was agreed that the Committee needed to work in partnership with the existing organisations to ensure the set up of the Carers Group is successful. Dr Dollery to contact Danny Wong, Alzheimer's Society and invite him to the next meeting.

19/20.78 Installation of benches

It was agreed to apply for a microgrant for the purchase of a bench for a location to be agreed at next meeting

RESOLVED: that an application for a microgrant be submitted for a Happy To Chat Bench, proposed by Cllr Anstee and seconded by Cllr P Sutton, all agreed

19/20.79 Heart and Sole Walks

Walk leaders would need to undergo a training programme and undertake a walk every month and each walk would require a leader, middle and back marker.

A Scheme Coordinator would need to be in place to manage the scheme. Advertising for a Scheme Coordinator was discussed.

19/20.80 Co-Option

This item was brought forward with the agreement of the Committee and taken after the presentations

19/20.81 Matters for Report and Information only

Information regarding Remap, an organisation in Danbury for men was provided

Silver Surfers training for Facebook to be included on next agenda

Citizen Advice Bureau are meeting with the Medical Practice regarding providing services in Danbury

19/20.82 Date and Time of next meeting

Tuesday 7 April 2020, at 7.30pm in the Committee Room at the Parish Council Office, Old School House.
Main Road, Danbury.

Meeting closed 8.59pm

Signed: Chairman

Date: