

Minutes of the Health and Wellbeing Meeting held on 12 January 2021 at 7.30pm via Zoom

Present: Cllrs Anstee (Chair), Berlyn, A Chapman, Hallett and Hessing

In attendance: Ms M Harper (Clerk)
Mr R Mynott – CEO Chelmsford Citizen Advice Bureau
2 members of the public

20/21.75 Apologies for absence

Liz Hiscock

20/21.76 Declarations of Interest

Members are required to declare any personal or prejudicial interests they know they may have in items of business on the meeting's agenda. They are reminded that they will need to repeat their declaration at the appropriate point in the meeting and leave the room if the interest is a prejudicial one. Unforeseen interests must be declared similarly at the appropriate time. Members have dispensation to discuss and vote in respect of matters relating to the Precept and the DCA.

There were no declarations of interest

20/21.77 Public Question Time

Members of the public are invited to address the Council, give their views and question the Council on issues on this agenda, or raise issues for future consideration (at the discretion of the Chairman). Members of the public may not take part in the Council meeting itself. At the close of this item members of the public will no longer be permitted to address the Council unless invited to do so by the Chairman. The session will last for a maximum of 15 minutes with any individual contribution lasting a maximum of 5 minutes. Members of the public should address their representation through the Chairman of the meeting.

There were no questions from the public

20/21.80 Citizens Advice Bureau

This item was brought forward; Cllr Berlyn joined the meeting part way through this item

Mr Mynott provided further information on the report and action plan that had been previously sent to Members regarding a parish-based Citizens Advice (CAB). He highlighted the discussions previously undertaken with Danbury Mission and Danbury Medical Centre in regards to CAB services pre COVID-19 and advised that there had been an increase in need for services in villages where residents were less likely to attend central services. It was noted that the COVID-19 restrictions had meant that service delivery had to be redesigned.

The Parish based CAB service would in effect be a mini-CAB with a dedicated number for Danbury and that this would be a pilot scheme utilising an already strong volunteer and community network, initially remotely but also moving to face-to-face once restrictions allowed. Mr Mynott noted that the costs involved for equipment and ongoing support/supervision would need to be funded and that he was waiting for a discussion with Essex Association of Local Councils regarding some monies that had been previously allocated.

Members had several questions regarding the delivery of the service and Mr Mynott advised that local volunteers would be recruited to train as Triage before moving on to becoming Advisors. The training is undertaken remotely and on average 1 day a week would take around 8 weeks to complete the first level and then around 3-4 months for the Advisor level.

It was agreed that this would be a valuable resource for Danbury and that further investigation into funding would be undertaken by the Clerk and Mr Mynott.

Mr Mynott was thanked for attending the meeting along with thanks to the CAB network.

20/21.78 To approve Minutes of the Health & Wellbeing Committee meeting held 8 December 2020

RESOLVED: that the minutes of the Health & Wellbeing Committee meeting held on 8 December 2020 be approved and signed as a true record

20/21.79 Actions from the Minutes

The actions from the minutes were noted. Cllr Berlyn advised that information had been passed onto the Danbury Mission and the Danbury Coronavirus Volunteers Group for an application to be made for funding for the food bank. Cllr Berlyn offered to arrange for the plaque that will go onto the Happy to Chat bench.

20/21.81 Danbury Coronavirus Volunteers Group

Cllr Hessing advised that the volunteers had been busy working with the Danbury Medical Centre to organise the Covid-19 vaccinations and 32 dinners and 50 hampers had been delivered over Christmas. Cllr Hessing noted that an application had been made to Cllr Spence for funding towards food bank.

Cllr Berlyn asked for thanks to be recorded to all the volunteers who are working on behalf of the Community and noted that the vaccination programme and the volunteering in Danbury had been nationally recognised. Cllr Hessing noted that everyone could help – from following the restrictions and staying at home to getting shopping and prescriptions for the vulnerable.

20/21.82 Carers Group

Cllr Anstee advised that the meetings were going ahead and there had been a new carer join the group. The Clerk has requested permission from the Danbury Medical Centre to contact the carers who attend directly with meeting invites.

20/21.83 Matters for Report (for information only)

Clerk updated the meeting on a recent discussion held with Active Chelmsford including signing up for Walking For Health via Active Chelmsford at no cost, the potential for hosting summer activity days over Easter and the Summer for vulnerable families and that a toolkit would be provided in order for the Committee to ascertain gaps in provision that may be eligible for funding

Cllr Anstee advised that the defibrillator was now in-situ outside the Co-Op; Cllr Berlyn noted that Danbury First Responders had offered to run free CPR training courses once the COVID-19 restrictions allowed

Cllr Anstee thanked the members of the public for attending the meeting.

20/21.84 Dates of next meeting

Tuesday 16 February 2021 to be held remotely by Zoom at 7.30pm

There being no further business the Chairman closed the meeting at 20.50.

Chairman

Date