

Minutes of the Health and Wellbeing Meeting held on 16 June 2020 at 7.30 pm via Zoom

Present: Cllrs L Anstee (Chair), S Berlyn, B Hallett, M Hessing and P Sutton

In attendance: Ms M Harper (Clerk)
Mrs G Lutton
One member of the public

20/21.01 Election of Chair and Vice Chair

It was noted that under The Local Authorities and Police and Crime Panels (Coronavirus) (Flexibility of Local Authority and Police and Crime Panel Meetings) (England and Wales) Regulations 2020 the election of Chair and Vice Chair will be postponed until May 2021 in-line with the Parish Council

20/21.02 Apologies for absence

Mrs L Hiscock

20/21.03 Declarations of Interest

Members were required to declare any personal or prejudicial interests they know they may have in items of business on the meeting's agenda. They are reminded that they will need to repeat their declaration at the appropriate point in the meeting and leave the room if the interest is a prejudicial one. Unforeseen interests must be declared similarly at the appropriate time. Members have dispensation to discuss and vote in respect of matters relating to the Precept and the DCA.

There were no declarations of interest

20/21.04 Public Question Time

There were no questions

20/21.08 Carers Group

The Chairman requested that this item be brought forward.

Following meetings held previously with Alzheimer's Society and the Danbury Medical Centre a discussion was held regarding forming and hosting a Virtual Carers Group for specific groups of carers or a general Group. The Committee agreed that a group should be set up for all carers and that the Medical Centre maybe able to help signpost carers to the Group.

A moderator/facilitator will be required to start the meetings initially as well as a host to manage the technicalities. It was felt that the ideally the facilitator should be trained/have experience. It was agreed to commence with a 'coffee and cake' chat to start with some recommended participants from the Medical Centre. Clerk to manage the meeting technically and a couple of members of the Health and Wellbeing to be in attendance. Clerk to contact the Medical Centre to arrange a date and time.

The Committee felt that the Old Pavilion refurbishment needed to be undertaken before use in respect of Carer Groups and other users could be taken forward. The Old Pavilion will be designed to be as inclusive as possible to cater for many people as possible.

Councillor Berlyn left the meeting

20/21.05 To approve Minutes of the Health & Wellbeing Committee meeting held 18 February 2020

RESOLVED: that the minutes of the Health & Wellbeing Committee meeting held on 18 February 2020 be approved and signed as a true record

20/21.06 Actions from the Minutes

The actions were noted

20/21.07 Health and Wellbeing Plan

Following discussions, the Health and Wellbeing Plan was amended. Clerk to contact Mrs Hiscock to discuss virtual group for seated exercise. Action for Happiness 8-week training course to be brought back to the next meeting – the app to be advertised on the Facebook and Website.

20/21.09 Food Bank Grant

EALC Health and Wellbeing Officer had highlighted a need for provisions to be made for a potential second spike of coronavirus in the winter coinciding with any job losses which will impacting on residents’ financial situations. Food donations in Danbury are currently being managed by The Mission and the Maldon Food Pantry. There is a commitment from the Maldon Food Pantry for supply to Danbury. Money that has been donated for Danbury is used to supplement special needs.

Clerk to apply for the grant for purchase of additional needs in conjunction with Danbury Mission: proposed by Cllr Hallett and seconded by Cllr Hessing, all agreed.

20/21.10 Happy Chat Bench

It was noted that the request for a microgrant had been refused at this time due to Covid-19 restrictions – the Committee agreed to purchase the bench from monies earmarked in the budget, Clerk to bring back details of locations and discuss with Medical Centre regarding a bench outside the reception area.

20/21.11 Walking for Health – Heart & Sole Walks

It was noted that Walking for Health are currently undergoing a consultation on changes to the system and will be in contact in October regarding taking our scheme forward

20/21.12 Refurbishment of Old Pavilion

It was noted that subject to Covid-19 restrictions quotes on works will be brought to the next meeting

20/21.13 Matters for Report (for information only)

There were no matters for report

20/21.14 Dates of next meeting

Tuesday 21 July 2020 to be held remotely by Zoom at 7.30pm

There being no further business the Chairman closed the meeting at 9.20pm.

Chairman

Date