



## **Volunteering for Victim Support – help make a difference to people’s lives in your community**

We’re looking for new volunteers to join our Essex team, to help people affected by crime recover and move on with their lives. If you are reliable with great listening skills, have 6 hours a week to spare and love to learn, this could be the role for you.

We provide comprehensive training, involving a modular home eLearning course spread over a period of 8 weeks, followed by a 2.5 day workshop, to ensure you’re equipped with the skills and information you need. The next workshop is: 23<sup>rd</sup>, 30<sup>th</sup> September & 1<sup>st</sup> October.

To find out more email [essexvolunteering@victimsupport.org.uk](mailto:essexvolunteering@victimsupport.org.uk) or call Janet on 01277 357557. We’d love to hear from you!

### **Anita – My Volunteering Story**

I have been a Community Volunteer for VS for the past 5 years. I came across VS when I felt the urge to put something back into my local community.

I find my role extremely rewarding because I am helping people who are often overlooked. It is a very hands-on role and no day is ever the same. I particularly enjoy the challenge of finding different ways to help someone, because every case and every situation is unique.

My role has allowed me to build up lots of new skills. Knowledge I have gained through my work and the specialist training I have received have enhanced my understanding of the impact of crime and enabled me to communicate knowledgeably with professionals in different services to get good outcomes for my clients.

I feel that volunteering for VS has opened my eyes to what I am capable of and that I’ve found the role I was born to do!



Anita receiving her 5 year award from volunteer manager, Julie

[www.victimsupport.org.uk](http://www.victimsupport.org.uk)